

**Are you concerned about your child's behavior?
Do you suspect that your child might have a
mental health condition, or has your child been
diagnosed with a mental health condition?**



**NAMI North Texas offers a support group for parents who have a child
or adolescent with a mental health condition***

Parenting any child these days can be tough, and it's even tougher if your child has a mental health condition such as ADHD, Depression, Bipolar, Anxiety, Schizophrenia, ODD, OCD, etc. You are invited to join other parents to share your struggles and learn from each other. This FREE parent-led group follows a loosely-structured format that includes time for discussion, questions, and brainstorming. Take care of yourself by attending this great group, so that you can better take care of your child!

**Third Thursday of each Month
7:00-8:30 p.m.**

*a diagnosis is not necessary to attend this support group.

**The Warren Center
320 Custer Road
Richardson, TX 75080**

**For more information call:
NAMI North Texas 214-341-7133**

