

### NAMI Family Support Groups

*for family members, caregivers, and friends of people diagnosed with a mental health condition*

LOCATION	DAY TIME	ADDRESS
<b>Dallas</b>	1 <sup>st</sup> Thursday of each month 6:00 PM – 7:00 PM	Park Central Baptist Church 7777 LBJ Freeway Dallas, TX 75252
	3 <sup>rd</sup> Thursday of each month 6:00 PM – 7:30 PM	Beilharz Carriage House 2802 Swiss Ave Dallas, TX 75204
	2 <sup>nd</sup> Thursday of each month 6:00 PM – 7:30PM	3116 Martin Luther King Blvd. Dallas, TX 75215  Info: NAMI Southern Sector (972) 401-3834
<b>Rockwall</b>	2 <sup>nd</sup> Saturday of each month 1:00 PM - 2:30 PM	First United Methodist Church 1200 E. Yellow Jacket Rockwall, TX 75087
<b>Plano</b>	Every Thursday 6:30 PM – 8:00 PM	LifePoint Church, in the LifePoint Kids Bldg 4501 Hedgcoxe Rd. Plano, TX 75024
<b>Lewisville</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Monday of each month 7:00 PM – 8:30 PM	First Baptist Church Lewisville, Room 102 1251 Valley Ridge Blvd., Lewisville, TX 75077

### Parent Support Group

*for parents and caregivers of children & adolescents*

LOCATION	DAY TIME	ADDRESS
<b>Richardson</b>	3 <sup>rd</sup> Thursday of each month 7:00 PM - 8:30 PM	The Warren Center 320 Custer Road Richardson, TX 75080  Info: Cheryl (214) 923-2576 or David (214) 923-2523

### NAMI Connection Recovery Support Groups

*for people diagnosed with a mental health condition*

LOCATION	DAY TIME	ADDRESS
<b>Dallas</b>	1 <sup>st</sup> Thursday of each month 6:00 PM – 7: 00 PM	Park Central Baptist Church 7777 LBJ Freeway Dallas, TX 75252
	3 <sup>rd</sup> Wednesday of each month 6:30 PM – 8:00 PM	NAMI NTX Office 2812 Swiss Ave. Dallas, TX 75204
<b>Rockwall</b>	2 <sup>nd</sup> Saturday of each month 1:00 PM - 2:30 PM	First United Methodist Church 1200 E. Yellow Jacket Rockwall, TX 75087
<b>Plano</b>	Every Thursday 6:30 PM – 8:00 PM	LifePoint Church, in the LifePoint Kids Bldg 4501 Hedgcoxe Rd. Plano, TX 75024
<i>Faith-based group</i>	1 <sup>st</sup> Tuesday of each month 6:30 PM – 8:00 PM	LifePoint Church, in the LifePoint Kids Bldg 4501 Hedgcoxe Rd. Plano, TX 75024
<b>Denton</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays of each month 6:30 PM – 8:00 PM	2nd Floor Meeting Rm, Medical Bldg. 5 2509 Scripture Street Denton, TX 76201