



National Alliance on Mental Illness

nami North Texas

911 Checklist

If your loved one is a danger to themselves or others, please dial 911

Hold this list in your hand when you dial 911 so you can follow the suggested guidelines. Give the dispatcher the following information:

- Your Name
- Address law enforcement should come to
- List any weapons that are present
- Name of your loved one
- Age
- Height and weight
- Clothing description
- Diagnosis
- Drug use (current or past)
- Medications (on or off)
- Prior violent behavior
- Past Psychosis
- Details about past delusions or hallucinations
- Triggers
- Things that have helped in the past

Keep in Mind: *You are asking an unknown professional to come to your home to help you resolve a crisis. They will have NO information about the situation/individual unless you inform them.*

Helpful **non-emergency** numbers:

Denton County Mobile Crisis: 800-762-0157

Collin County Mobile Crisis: 877-422-5939

Dallas & Rockwall Counties Mobile Crisis: 866-260-8000

Suicide & Crisis Center of North Texas: 214-828-1000

NAMI North Texas

2812 Swiss Ave • Dallas TX 75231 • 214-341-7133

www.NAMINorthTexas.org

